

Church Services

Sunday School.....9:30 a.m.
Morning Worship.....10:45 a.m.
Lord's Supper1st Sunday
Bible Study6:30 p.m.
Wednesday
Prayer Meeting7:30 p.m.
Wednesday

Pastor

Rev. J. R. Raynor

Ministers

Rev. Tyler Cain
Rev. Wayne Hoskins
Rev. Ricky McFadden
Rev. Mark White

Deacons

Marvin Bedford
Reginald Campbell
Carl Harris
Lloyd Hervey
Frank Holbrook
Darryl McGee

Board of Trustees

James Hogan
Victor Maxfield
Gerald McHenry
Howard Nunn
Derrell Turner

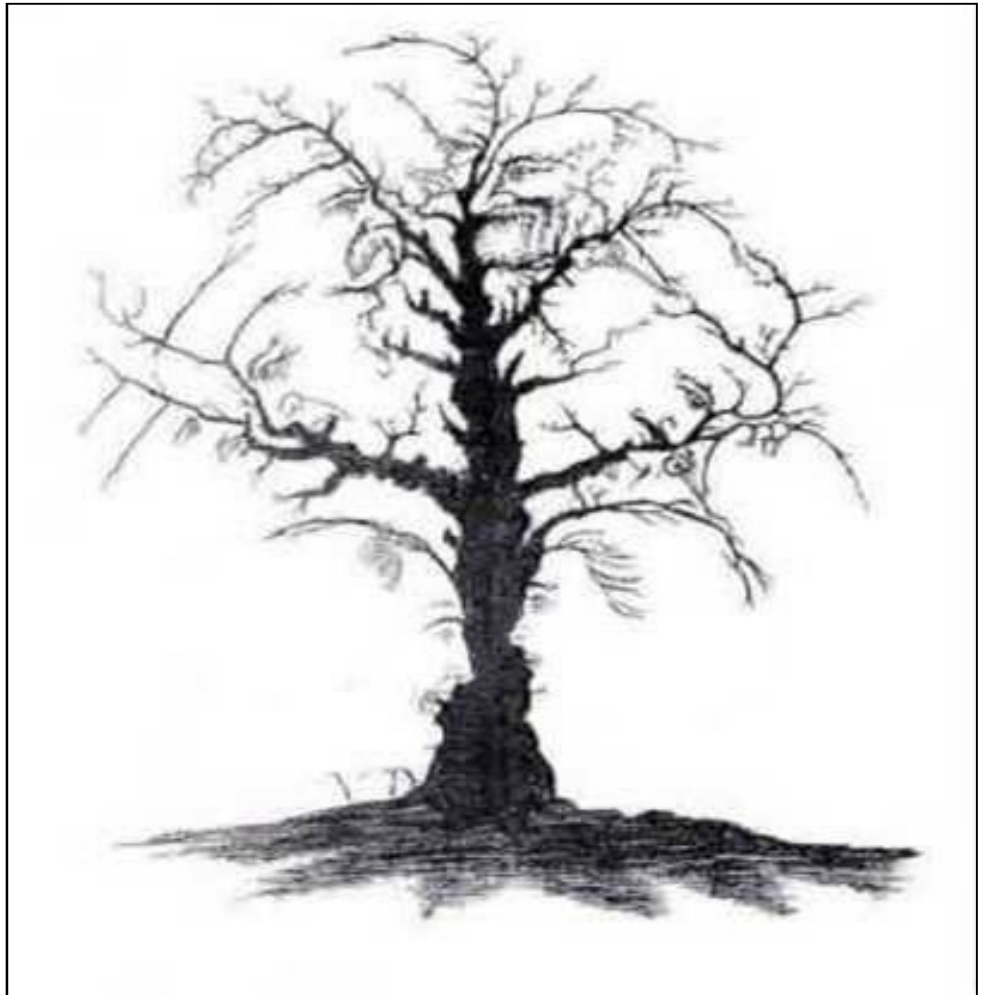
Church Treasurer

Reuel Shepherd

Church Clerk

Helen Ticey

Fun Section



CAN YOU SEE 10 FACES IN THE TREE

Announcements

J. R. Raynor Mass Choir Spring Concert
April 11, 2010 at 5:00 pm



Philander Smith Choir
April 25th at 6:00 pm

Annual Spring Brunch
"Matters of the Heart"



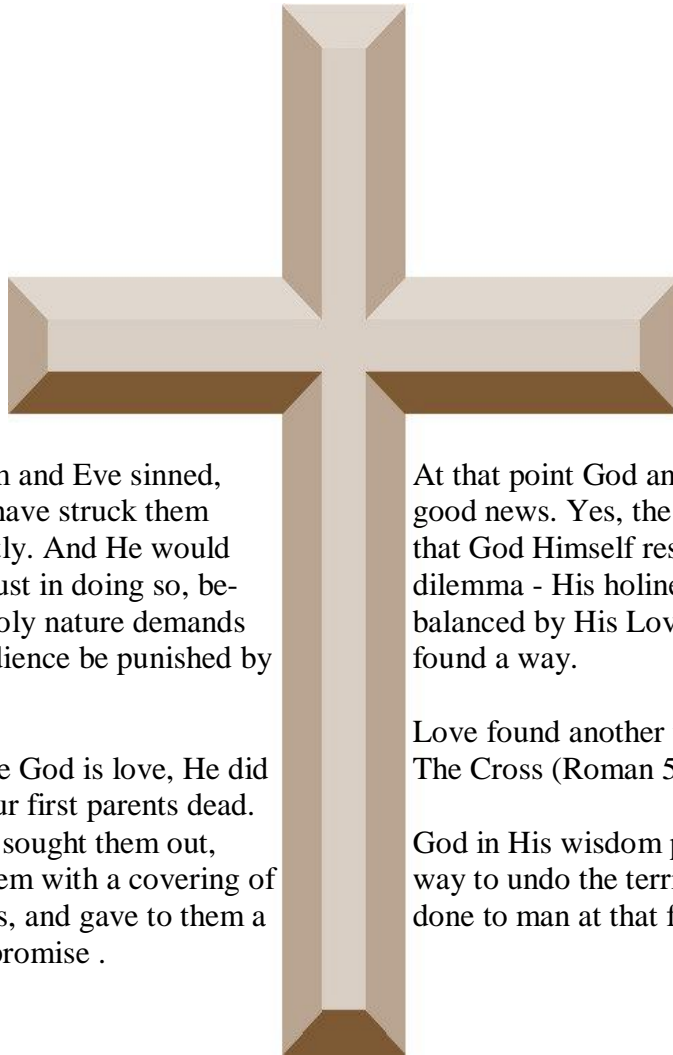
Men Basketball Every Saturday



NEWS FROM THE BRANCH

Vol. 14, No. 4
April 2010

The Resolution of the Cross



When Adam and Eve sinned, God could have struck them dead instantly. And He would have been just in doing so, because His holy nature demands that disobedience be punished by death.

Yet, because God is love, He did not strike our first parents dead. Instead, He sought them out, provided them with a covering of animal skins, and gave to them a wonderful promise .

At that point God announced the good news. Yes, the good news is that God Himself resolved the dilemma - His holiness is counter-balanced by His Love! Love found a way.

Love found another tree,
The Cross (Roman 5:6).

God in His wisdom provided a way to undo the terrible damage done to man at that first tree.

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Greater Pleasant Branch Baptist Church
Enter To Worship - Depart to Serve
www.greaterpleasantbranch.org

NEWS FROM THE BRANCH

Surrendering Our Goals & Desires to God!

Have you ever heard the phrase “Let go and let God”? This is easier said than done when we must choose between what we want and what we know God would rather have us do. Surrendering personal goals to the will of the Father is essential for healthy spiritual growth. God’s Word, prayer, and the presence of the Holy Spirit point us to the truth of the Father’s ways and desires for our lives. Looking for God’s direction and acknowledging His authority takes surrender, obedience, and dedication.

Surrendering our goals to the Father allows His plan for our lives to flourish (Matthew 16:24-26).

- The disciples surrendered to Jesus’ call while they were working and going about their daily lives (Matthew 4:18-22; Luke 5:27-28).

- Jesus’ example of submitting to the will of the Father is shown most powerfully in His willingness to die for our sins (Matthew 26:39)

Obedience is required, even when the situation is not anticipated, expected, or fully understood (Hebrew 11:8-10).

- Abraham obeyed God When asked to sacrifice his son Isaac (Gen. 16:6-10).

The apostle Paul obeyed the Lord concerning his travel destination and ministry focus (Acts 16:6-10)

Dedication to God’s will strengthens us and builds our faith (Hebrew 12: 1-2; Romans 12:2).

- The Father is faithful to equip us through the Holy Spirit for the calling He’s placed on our life (Hebrew 10:23; 13:20-21).

- We have confidence and boldness as we stand firm in what we know God has led us to accomplish (1 Cor. 15:1, 16:13; 2 Thess. 2:13-17).

David offers believers this encouragement: “Delight yourself in the Lord; and He will give you the desires of your heart” (Ps. 37:4). When we delight in the Father, we will naturally gravitate to the actions and attitude that are aligned with His Word and His will for our lives.

Do your goals line up with God’s Word and will?

By

Intouch.org

The J. R. Raynor Mass Choir in Concert!

TO GOD BE THE GLORY!

We give glory and honor to God for granting us another opportunity to give Him our sacrifice of praise. We thank Him for being a God of another chance. And most of all, we thank Him for His unconditional love!

As I reflect on His goodness, I would like to remind each of us to show that same love to one another. For if we love, we forgive, endure, obey, praise, worship, edify, sacrifice, step up, smile, give, support, and the list goes on

and on. God is love, and everything we do and say should be a reflection of His love. Once we master this simple concept, all of the other things will fall into place. But we must first love God with all of our being. Our relationship with Him must be priority.

More love, more worship. More love, more fellowship. More love, more praise. More love, more unity. More love, more peace. More love, more understanding.

I pray that each of us strive to LOVE.

Prayerfully,

Terry M. Frazier
General Music Director



NEWS FROM THE BRANCH

Let's Move !



As you know, on February 9th the President created a new interagency Childhood Obesity Task Force. The task force is working right now on an action plan for solving the problem of childhood obesity in a generation.

Let's Move! has an ambitious but important goal: to solve the epidemic of childhood obesity within a generation.

Let's Move will give parents the support they need, provide healthier food in schools, help our kids to be more physically active, and make healthy, affordable food available in every part of our country.

Join First Lady Michelle Obama, community leaders, teachers, doctors, nurses, moms and dads in a nationwide campaign to tackle the challenge of childhood obesity. Learn more and join us.

<http://www.letsmove.gov/index.html>

SPRING CLEAN YOUR SKIN

As the seasons change, so should your skincare regimen. Wave good-bye to winter skin with Dr. Oz's spring-skin preparation tips. Learn how you can look refreshed and rejuvenated.

Top 5 steps to clean your skin.

- Massage with of Lemon essence oil
- Protect your skin from the inside out. Eat more cantaloupes and tomatoes. Cantaloupe give you vitamin C and beta carotene. The tomato has lycopene in it.
- Shield your skin with sunscreen with titanium oxide and zinc oxide
- Trade your regular body wash for a moisturizing body wash. You want to moisturize and clean at the same time.
- Exfoliate - Grapes contain acid that will remove dry skin cells. Use the red or purple grapes. The grapes must be crushed and applied to face. You can put the grapes in a zip-lock bag and crusted them.

Key Lime Pie

Ingredients:

1/2 cup key lime juice, fresh if possible
 1/2 cup heavy whipping cream
 1 can (14oz) sweetened condensed milk
 1 to 2 teaspoon finely grated lime peel
 5 egg yolks
 1cup whipped cream
 1 graham cracker pie shell

Meringue (optional)

3 to 4 egg whites
 6 tablespoons sugar
 1/2 teaspoon cornstarch

Preparation: Whisk sweetened condensed milk with the egg yolks. Stir in whipping cream and lime juice. Stir in 1 to 1 1/2 teaspoons lime zest. Pour into a prepared graham cracker crust and bake at 325° for 15 to 20 minutes. Remove from oven and increase temperature to 350° if meringue is used. If you aren't making the meringue, cool the pie and top with whipped cream and a little lime zest just before serving.

Meanwhile, make meringue, if using. In a glass or stainless steel bowl, beat egg whites until soft peaks form. Combine sugar, cornstarch, and salt; gradually beat into the egg whites. Continue beating until egg whites no longer feel gritty (with sugar) when a little is smeared between two fingers. Spoon onto the hot pie filling, spreading to cover completely to the crust. Put back in the oven and bake at 350° until meringue is browned, about 12 to 15 minutes.

The newsletter for the month of May will be a tribute to Mothers. So, if you would like to submit a picture and a tribute to your mother or grandmother for the month of May please see Janet Harris. You may also e-mail me your picture and tribute to jcharr2386@gmail.com. My contact information is 501-329-8933 or 501-908-9945. If you have any questions, please feel free to call me. Please have your information to me by May 2, 2010.

Thank you,
 Janet